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# tailored tunic

Construction of a basic tailored tunic  
giving a more defined fit to your tunic

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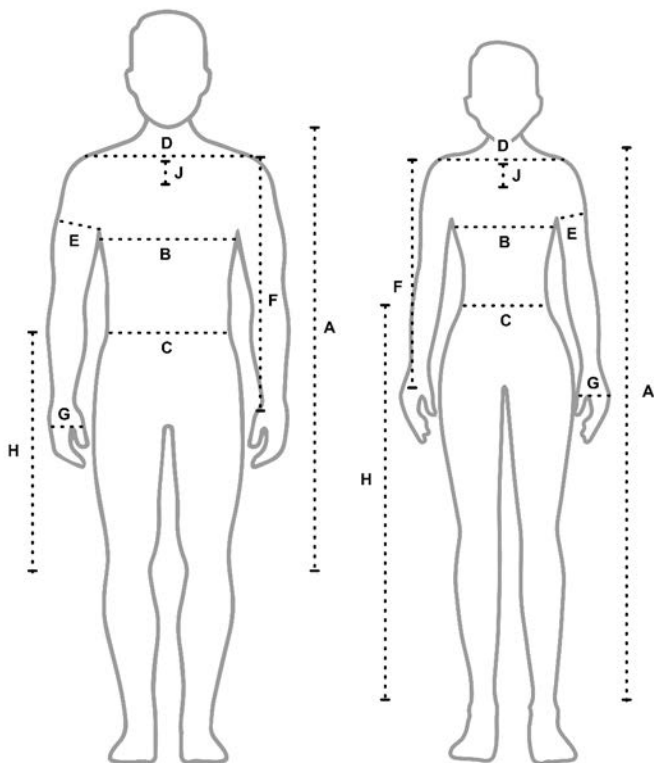


## This guide will show you how to make a basic tailored tunic to give more definition to your tunic

This kit shows the most basic tailored tunic. Try this once you have mastered the basic tunic.

## MEASUREMENTS

We first need to take some measurements.



**A) Nape to tunic Length** - Length is determined by whether you are male or female and which time period you represent. For men go for knee length and women's dresses aim for ankle length. If making the length from one pieces or material x2

**B) Chest circumference** - add the 2" or 5cms, THEN divide by two before adding the seam allowance

e.g.: chest 38" plus 2" = 40" divide by 2 = 20" + 5/8" on both edges = 21 1/2"

e.g.2 Bust 95cms + 5cms = 100 divide by 2 = 50 + 1.5cms on both edges = 53cms

**C) Waist** - only used if waist is larger than your chest measurement.

**D) Shoulder to shoulder** - across the back of the neck.

**E) Bicep circumference** - With muscles raised and add 2" or 5cms to give you movement.

**F) Shoulder to top of thumb joint** - the one nearest to your wrist

**G) Circumference of hand** - held as if pushing it through a sleeve, then add 1" or 2.5cms.

**H) Waist to lower tunic** - do not add extra width or seam allowance.

**J) Neck Slit** - measure from the notch at the top of your sternum a few cm or inches down

**K) Keyhole neckline** to just allow head to just pass through - do not add extra width or seam allowance. Form a circle the diameter (width) of your neck on the shoulder fold line of the tunic and then add the slit. This part of the garment needs to be hemmed by hand

### Please Note:

Depending on whether you prefer to work in inches or centimetres, add either 2" or 5cms to your measurements PLUS 5/8" or 1.5cms on EVERY seam edge as a "seam allowance"

## REFERENCE

a=

b=

c=

d=

e=

f=

g=

h=

j=

k=



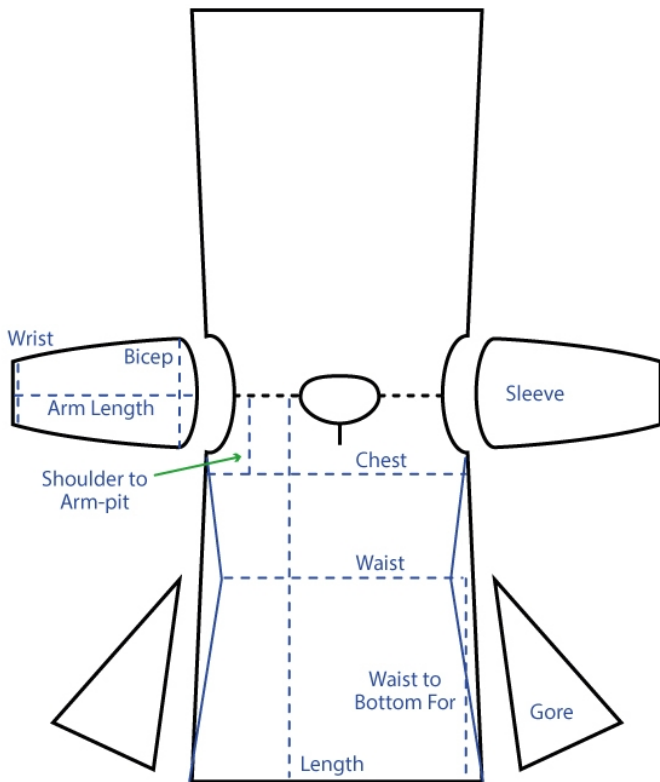
# templates

**If you are confident in cutting your material straight away you could skip this section but if like use some greaseproof paper to make templates.**

Templates are a good what to check that you have measured yourself accurately. There is nothing worse than cutting your material only to realise you have not measured correctly

Template also allow you to make sure you use you material in a most efficient way with little waste.

You will notice that this template is slightly different to the simple tunic with rounded arms and round inserts and optional tailored waist. This will allow more definition of your tunic.



# main body

**A = Nape to Tunic Length x2**

Remember for women top of foot, for men between knee and mid thigh.

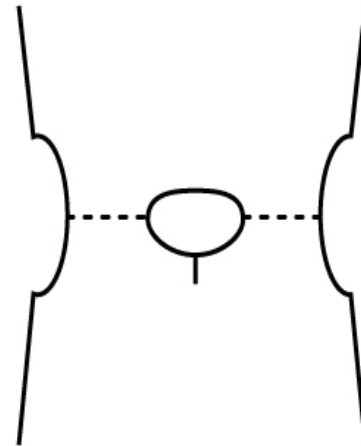
**B = Chest circumference**

**½ waist measurement plus 2-6 inches for wiggle room (Remembering your seams)**

If you are confident with your measuring you can fold the material over to cut your neck dimensions.

Fold in half horizontally and then fold in half length ways.

The dotted line is the fold line between the front and back.



Cut a half palm sized quarter-circle from middle top corner and then a slit **J** down the front of the garment. (Neck hole can be made bigger later) remember to add allowance for hems.

This may be easier to do for you or you may be happier using the full measurements.

**Using you templates will allow you to correct any mistakes or miscalculations. Check and recheck your measurements till you are happy to proceed.**

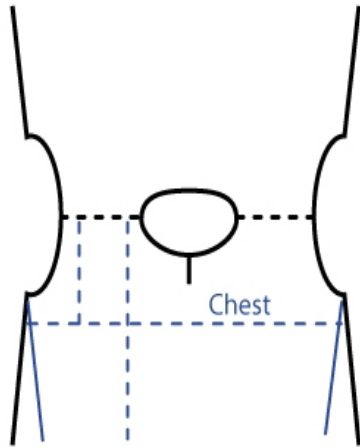


## shaping the body

The chest is the minimum width of your Kyrle or tunic.

It should fan out and get wider at the bottom. You can measure the waist as well and cut to your body shape before fanning out.

This will tailor the tunic more closely to your body shape.



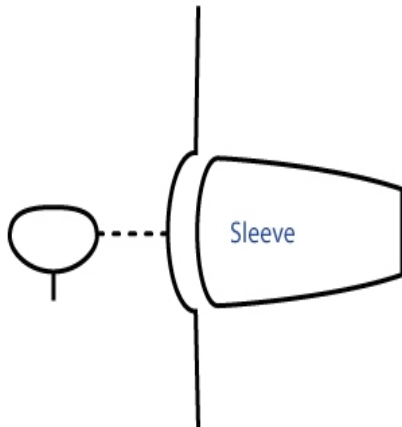
The dotted line is the fold line between the front and back.

## arms x2

**E** = Biceps

**F** = Arm Length

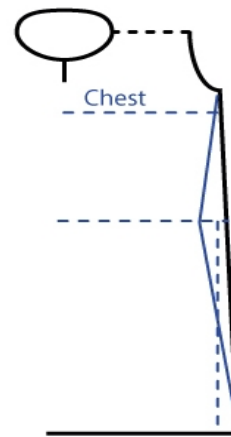
**G** = Wrist size



We are now going to make two arms. (Make one at a time for ease).

The tailored tube is rounded to give a slightly better fit. The body section also has a rounded cutout into which the arms will fit and be sewn.

The arm shape is sewn into a tube and then will be sewn into the body cut outs.



Remember your extra few inches for you seams.

## attaching the arms

**We will now attach the arms to the Tunic**

The arms get attached to the tunic's body section.

This is **F** on the measurements chart. Top of shoulders to the wrist

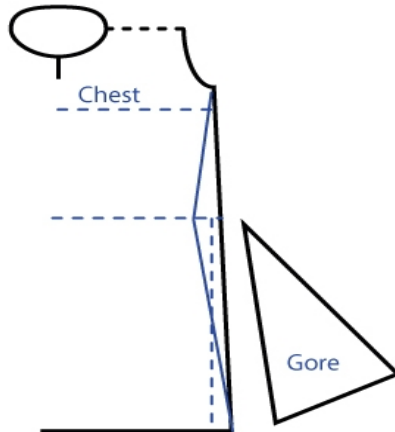
Inset the sleeve slightly at the shoulder. The inner most part of the semi-circle should be at the point of your shoulder.



# bottom gores

G = Wrist width

H = 10-20 inches (more for women / less for men)



Cut a rectangle of fabric height H.

Make x2.

Gores go from the waist point measurement down to the lower point of the Kyrtille. If you have taken this waist measurement in this will help define the tunic to your shape.

Hem sleeves, neck and bottom hem.

The lower triangle gores work to giving moreroom in the lower part of the tunic.

The neck piece must be sewn by hand. The split can be toughened by using a whipping stitch if needed.

(This will be a weak point).